Diversity, Equity, and Inclusion Resource Supplement:

"Diversity, equity, and inclusion—as a value-- supports nursing workforce development to prepare graduates who contribute to the improvement of access and care quality for underrepresented and medically underserved populations (AACN, 2019). Diversity, equity, and inclusion require intentionality, an institutional structure of social justice, and individually concerted efforts. The integration of diversity, equity, and inclusion in this *Essentials* document moves away from an isolated focus on these critical concepts. Instead, these concepts, defined in competencies, are fully represented, and deeply integrated throughout the domains and expected in learning experiences across curricula (AACN, 2021 pp.5)."

Diversity, Equity, and Inclusion (DEI) goals are not a destination but a journey and acknowledge a growth in understanding and transformation in nursing education. The understanding of DEI related concepts is foundational for professional development and practice across settings with diverse populations.

Entry-Level Professional Education		Advanced-Level Nursing Edu	ication
The concepts of DEI should be integrated and p scaffolded within curricula to enable students t competencies for prelicensure preparation and degree pathways.	o achieve sub-	-	cation reinforces the importance of nurses expanding pts to inform the profession and advance practice to erse settings.
Pertinent Domains: The concept of Diversity, E	quity, and Inclusior	n is relevant within all of the t	ten domains:
Domain 2: Person-Centered Care Domain 5: Qu		olarship for Nursing Practice ality and Safety erprofessional Partnership	Domain 7: System-Based Practice Domain 8: Information and Healthcare Technology Domain 9: Professionalism
Domain 10: Per	sonal, Professional,	and Leadership Development	

Overview

The materials and resources below are not meant to be exhaustive but will provide a myriad of resources in numerous formats, evidence, and exemplars that may be useful in supporting faculty in the areas of professional development, teaching, research, and scholarship. Integrative learning strategies relative to DEI concepts are not limited to the exemplars as there are many innovative, engaging, and meaningful learning activities that can be developed. The objectives for the concept of DEI includes the following:

students from all background 3. Provide evidence to suppo caring for diverse backgrou	ls. rt the importance of inclusivity in f unds. lence relative to implicit bias and t	e of belonging. of ways that faculties can create inclusive learning environments to support the clinical learning environment and support student learning in their influence on decision-making, interactions, and capabilities to
•		ws how the integration of diversity, equity and inclusion into nursing rsing.org/Portals/42/News/Position-Statements/Diversity-
Inclusion.pdfhttps://www.aacnnursir		
Content/Context	Integrative Learning Strategies Exemplars	Resources to Support Competencies & Assessment Strategies
Identify tools that support the integration of DEI into the curriculum, support knowledge development of faculty and provide pedagogical strategies.		 AACN DEI Toolkit The AACN DEI Toolkit is designed to: "• Align the dimensions of the Inclusive Excellence Ecosystem for Academic Nursing. This strategic approach will assist nursing schools with organizing and guiding diversity, equity, and inclusion (DEI) efforts. • Inform nursing schools of promising practices and strategies for promoting diversity, equity, and inclusion and fostering inclusive excellence.

	https://www.aacnnursing.org/Portals/42/Diversity/Diversity-Tool-Kit.pdf
	NLN Diversity Toolkit
	Designed to provide "evidence-based, exemplary practices to inform
	diversity and inclusion initiatives at schools of nursing. The toolkit
	consists of resources for administrators and faculty to promote a
	sustainable culture of inclusive excellence within the nurse educator
	workforce."
	http://www.nln.org/docs/default-source/default-document-
	library/diversity-toolkit.pdf?sfvrsn=2
	AAFP Health Equity Toolkit:
	The AAFP Health Equity Toolkit provides a structured curricular tool to
	facilitate exploration of some of the most pressing questions around
	social determinants of health, vulnerable populations, and economics and
	policy.
	https://www.aafp.org/family-physician/patient-care/the-everyone-
	project/health-equity-tools.html
	Indiana Center for Nursing
	The Indiana Nursing Education, Engagement and Diversity
	Statewide (NEEDS) initiative focuses on measures to expand
	underrepresented cultural groups across multiple dimensions
	including rate, ethnicity, SES, age, gender, life experiences,
	education, sexual orientation/gender preference and other
	personal characteristics.
	https://ic4n.org/strategic-initiatives/indiana-needs-initiative/
Identify evidenced based literature	a. Bleich, M. R., MacWilliams, B. R., & Schmidt, B. J. (2015). Advancing
which will provide strategies to	diversity through inclusive excellence in nursing education. Journal of
integrate DEI concepts into the	professional nursing: official journal of the American Association of

curriculum, support knowledge	Colleges of Nursing, 31(2), 89–94.
development of faculty and provide	https://doi.org/10.1016/j.profnurs.2014.09.003
pedagogical strategies.	b. Carter, B. M., & Phillips, B. C. (2021). Revolutionizing the Nursing
	Curriculum. Creative nursing, 27(1), 25–30.
	https://doi.org/10.1891/CRNR-D-20-00072
	c. Carter B. (2020). Achieving diversity, inclusion and equity in the
	nursing workforce. Revista latino-americana de enfermagem, 28,
	e3254. <u>https://doi.org/10.1590/1518-8345.0000-3254</u>
	d. Cary, M. P., Jr, Randolph, S. D., Broome, M. E., & Carter, B. M. (2020).
	Creating a culture that values diversity and inclusion: An action-
	oriented framework for schools of nursing. Nursing forum, 55(4), 687-
	694. <u>https://doi.org/10.1111/nuf.12485</u>
	e. <u>https://www.aacnnursing.org/News-Information/Position-</u>
	Statements-White-Papers/Diversity
	f.
	https://www.aacnnursing.org/Portals/42/Diversity/SullivanReport.pd
	g. <u>https://minoritynurse.com/the-importance-of-diversity-in-nursing-</u>
	breaking-down-stereotypes-and-inclusivity-barriers/
	h. Morrison, V., Hauch, R. R., Perez, E., Bates, M., Sepe, P., & Dans, M.
	(2021). Diversity, Equity, and Inclusion in Nursing: The Pathway to
	Excellence Framework Alignment. Nursing administration quarterly,
	45(4), 311–323. <u>https://doi.org/10.1097/NAQ.00000000000494</u>
	i. Peery, A. I., Julian, P., Avery, J., & Henry, S. L. (2013). Diversity must
	start somewhere: the experience of one college of nursing. Journal of
	cultural diversity, 20(3), 120–124.
	j. Villarruel, A., Washington, D., Lecher, W. T., & Carver, N. A. (2015). A
	more diverse nursing workforce. The American journal of nursing,
Identify organizations which	115(5), 57–62. <u>https://doi.org/10.1097/01.NAJ.0000465034.43341.b1</u>
Identify organizations which	 a. Inclusion Allies Coalition (IAC) <u>https://www.inclusioncoalition.info/</u> b. AACN
provide networks and educational	
opportunities to increase knowledge of DEI concepts.	c. Diversity, Equity, and Inclusion Leadership Network (DEILN) d. NLN
knowledge of Del concepts.	u. INLIN

	e. National Association of Diversity Officers in Higher Education	
	(NADOHE) <u>https://www.nadohe.org/</u>	
	f. American Nurses Association <u>https://www.nursingworld.org/</u>	
Identify funding sources to	a. https://www.hrsa.gov/grants/find-funding/hrsa-21-020	
support enhancing diversity,	b. <u>https://www.ncsbn.org/index.htm</u>	
equity, inclusion and belonging.	c. https://www.nursingworld.org/foundation/	
Identify reputable resources for	a. <u>https://www.aacnnursing.org/Diversity-Inclusion/Latest-Data</u>	
data on diversity in nursing.	b. <u>https://minoritynurse.com</u>	
Identify tools for institutional	Racial Equity Tools	
DEI assessment/measurement.		
	https://www.racialequitytools.org/resources/plan/informing-the-	
	plan/organizational-assessment-tools-and-resources	
Recognition for outstanding	a. Higher Education Excellence in Diversity (HEED) award:	
commitment to diversity, equity,	https://www.insightintodiversity.com/about-the-heed-award/	
inclusion, and belonging.	b. American Nurses Association:	
	https://www.nursingworld.org/ana/national-awards-program/	
	c. American Association of Colleges in Nursing:	
	https://www.aacnnursing.org/Membership/Awards	
	d. Identify awards at individual university.	

Section: Inclusive Pedagogy

According to Metzger, et al (2020) <u>Inclusivity</u>, is "the intentional incorporation of practices that foster a sense of belonging by promoting meaningful interactions among persons and groups representing different traits, perceptions and experiences, is a prerequisite for excellence in nursing education. A lack of belongingness or being excluded is associated with adverse outcomes.

Despite its importance, many faculties struggle in creating an inclusive learning experience for nursing students, yet it is imperative that inclusivity serve as a cornerstone of nursing practice and education.

Inclusive teaching: seeks to level the playing field, equalizing the opportunity for students <u>from all backgrounds</u> to participate and succeed. Inclusive teaching asks how :

- can I help all students thrive to the best of their abilities,
- can I be welcoming of the diversity of our students and send the message that all students belong in our fields,

•	can I communicate that the diversity	of our students and the community is a	source of intellectual vitality?
---	--------------------------------------	--	----------------------------------

Content/Context	Integrative Learning Strategies	Resources to Support Competencies & Assessment Strategies
The Way That Classes Are Taught Can Deepen Inequality In a typical college course, students hear dozens of lectures—sometimes up to 3 hours long. They might be assigned hundreds of pages of reading across numerous courses. Then they asked to demonstrate their understanding in a handful of high- stakes papers, exams and simulations. How they should prepare for those papers or tests is a matter usually left to the student. The arrangement works well for those whose high schools provided strong preparation or who are comfortable asking professors for help when they need it — traits that have as much to do with privilege as anything else. Students without those advantages, such as those from historically underrepresented backgrounds though, can flounder — not because they cannot do the work, but because no one has taught them how to navigate the system. This can result in a performance gap but belies	Active Learning through Flipped Courses Guided Note Taking; Timed quizzes online in between classes to check student understanding of course material. Teaching strategies that emphasize structured, active learning can create more equitable classrooms and improve learning for all students. These activities provide more explicit direction regarding expectations, and emphasize the habits of a successful student, focusing on the importance of practice. Instructors are encouraged to break activities that students could do before, during, and after class to give themselves the best chances of performing well. These process related tasks can be made and a factor in student's grades. These activities increase structure and guidance and equalizes the readiness of students for class.	Article: Beckie Suriano (May 6, 2018) Traditional Teaching May Deepen Inequality. Can a Different Approach Fix it? The Chronicle of Higher Education Advice Guide: Viji Sathy & +Kelly A. Hogan (July 22, 2019). Want to Reach All of Your Students: Here's How to Make Your Teaching More Inclusive. https://ctle.test.utah.edu/inclusiveteaching/resources/landing_links/How%20to%20Make%20Your%20Teaching%20More%20Inclusive%20-%20The%20Chronicle%20of%20Higher%20Education.pdf Article: Marsha R. Penner (2018) Building an Inclusive Classroom J. Undergrad Neruosci Education; 16(3): A268-A272 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6153021/ Article: Using a Guided Note-Taking Tool in a Prelicensure Pharmacolo : Nurse Educator (lww.com)

structural inequalities related to the ways that classes are taught.	
Integrating the Historical	
Contributions of Nurses from	Website: https://medium.com/nurses-you-should-know
Diverse Backgrounds	Inlie S. Lenne L and Struthers B. (2001) A Concentual
	Julie S. Lowe, J. and Struthers, R. (2001), A Conceptual Framework of Nursing in Native American Culture. Journal of
Understanding nursing history is	Nursing Scholarship, 33: 279-283. https://doi.org/10.1111/j.1547-
integral to comprehending current	<u>5069.2001.00279.x</u>
issues in nursing. When nursing	
students from diverse backgrounds	Pollitt, P. A. (2016), African American and Cherokee Nurses in
see themselves reflected in	Appalachia: A History, 1900-1965, Macfarland & Company,
Nursing's history it provides an	Jefferson, North Carolina
archetype through which diverse	Marian Moser Jones and Matilda Saines, 2019: The Eighteen of
students and their peers see	1918–1919: Black Nurses and the Great Flu Pandemic in the
diversity reflected in the	United States American Journal of Public Health 109, 877_884,
profession. By promoting an	https://doi.org/10.2105/AJPH.2019.305003
accurate and inclusive history of	Young, J. (2005). Revisiting the 1925 Johns Report on African
nursing we can better equip and	American Nurses. <i>Nursing History Review</i> , 13, 77-99. Retrieved
prepare nursing students to work	from
toward social justice and health	https://proxy.library.upenn.edu/login?url=https://www.proquest.co
equity.	m/scholarly-journals/revisiting-1925-johns-report-on-african-
	american/docview/207245213/se-2?accountid=1470
	Clark Hine, D. (1989). Black Women in White: Racial Conflict and
	Cooperation in the Nursing Profession, 1890-1950. Indiana
	University Press.
	Breaks Carthan I. M. Minarity Nurses in Diverse Communities
	Brooks Carthon, J. M. Minority Nurses in Diverse Communities: Mary Elizabeth Tyler and the Whitter Centre in Early 20th Century
	Philadelphia, Chapter in, Nursing History for Contemporary Role

Development. Ed. Lewenson, S., McAllister A., Smith K., Springer Publishing
Mosley MO. Despite all odds: A three-part history of the professionalization of black nurses through two professional nursing organizations, 1908-1995. Journal of National Black Nurses' Association : <i>JNBNA</i> . 1994 Fall-Winter;7(2):10-20. PMID: 9128529.
Carnegie ME. Black nurses in the United States: 1879-1992. Journal of National Black Nurses' Association : <i>JNBNA</i> . 1992 Fall-Winter;6(1):13-18. PMID: 1291619.
Campinha-Bacote J. The black nurses' struggle toward equality: an historical account of the National Association of Colored Graduate Nurses. Journal of National Black Nurses' Association: <i>JNBNA</i> . 1988 Spring-Summer;2(2):15-25. PMID: 3060563.
Baptiste, D. (2021). Hidden figures of nursing: The historical contributions of Black nurses and a narrative for those who are unnamed, undocumented and underrepresented. <i>Journal of Advanced Nursing.</i> , 77(4), 1627–1632. https://doi.org/10.1111/jan.14791
Capucao, Reynaldo, Filipino Nurses and the US Navy at Hampton Roads, Virginia: The Importance of Place, Nursing History Review, Vol 28, Issue 1, DOI: 10.1891/1062-8061.28.158
Choy, C. (2010) Nurses Across Borders: Foregrounding International Migration in Nursing History, <i>Nursing History</i> <i>Review</i> .
Choy, C.C. (2003). Empire of Care: Nursing and Migration in Filipino American History. Duke University Press.

Identity, Stereotypes and Stereotype	The approaches to reduce stereotype	Article: Ackerman-Barger, K., Valderama-Wallace, C., Latimore, D. and
Threat	threat include value affirmation,	Drake, C Stereotype Threat Susceptibility Among Minority Health
Feelings of exclusion and alienation	fostering a growth mindset (this is	Professions Students. Source: Journal of Best Practices in Health
are reported by students of diverse	particularly important when providing	Professions Diversity, Vol. 9, No. 2 (Fall 2016), pp. 1232-1246
backgrounds in many undergraduate	feedback on exams and test outs),	
science fields, including nursing. The	normalizing struggle, and fostering	Book: Steele, C. M. (2010). Whistling Vivaldi: How stereotypes
drop-out rates among introductory	intergroup discussions with a focus on	affect us and what we can do. W W Norton & Co.
students, and achievement gaps for	ensuring that all voices are welcomed	Dr. Steele defines some of the challenges that students from
underprepared and underrepresented	and included in discussions.	underrepresented backgrounds face in dealing with stereotypes
student groups, have conspired to		(chapters 1-3) and chapters 8-9 (in which he offers some
leave STEM fields (including nursing)	Extensive research suggests that	approaches for us to consider to reduce stereotype threat.
suffering from a lack of diversity.	situations that increase the evaluative	
Stereotype threat describes	scrutiny of ability (e.g., presenting a task	Article: Aronson J, Burgess D, Phelan SM, Juarez L. Unhealthy
the apprehension individuals	as diagnostic of intelligence) or the	interactions: the role of stereotype threat in health disparities. Am
experience from the prospect of	salience of social identity (e.g., asking	J Public Health. 2013;103(1):50-56.
confirming negative self-relevant	test takers to indicate their race or	doi:10.2105/AJPH.2012.300828
stereotypes associated with their	gender on the test or seating students in	
social identity-their race, gender,	mixed-gender or -race groups) can	Providing Affirming Feedback represents an example of how
ethnicity, social class, sexual	impair performance on tests among	educators might reduce the negative consequences of evaluative
orientation, etc. Due to their minority	students who belong to groups	scrutiny.
status, nursing students from	suspected of inferiority.	Article: Cohen, Claude Steele and Lee on what they call "wise
underrepresented backgrounds are		feedback." <u>https://journals.sagepub.com/doi/pdf/10.1177/01461</u>
believed to be susceptible to		67299258011
stereotype threat effects in the field in		
learning and practice settings.		
Decolonizing the Syllabus and		Video: The Center for Nursing Philosophy and Nursology.net co-
Addressing Racism in the Classroom		sponsored a virtual webinar panel presentation. UCI Sue & Bill
and Profession		Gross School of Nursing. Decolonzing Nursing: what? Why? How?
		9/27/21 [1:47:03]
Decolonising the curriculum		https://www.youtube.com/watch?v=erg_FN1vIN0
means creating spaces and resources		
for a dialogue among all members of		
the university on how to imagine and		

	1	
envision all cultures and knowledge systems in the curriculum, and with respect to what is being taught and how it frames the world.		Blog/Website:Organizing Team for "Overdue Reckoning on Racism in Nursing NurseManifestArticle:Michelle Zappas, Benita Walton-Moss, Cynthia Sanchez, Janett, Hildebrand, Tracie Kirkland (2020) The Deconoloization of Nursing Education. Journal of Nurse Practitioners 17 (2), 225-229Article:Yvette Dechavez's first-person account of how the
		contents of syllabi impacted her as a student and how she created her own syllabi as an instructor (https://www.latimes.com/books/la-et-jc-decolonize-syllabus- 20181008-story.html) offers another way to think about where students may encounter the values of a course.
Creating a Sense of Belonging Nursing's academic and professional culture may feel particularly disruptive to underrepresented students, whether first generation, highly aided, and/or students of color. It is important that Nursing Educators explore how we can help students better navigate this culture and mitigate the shock that some experience entering it. It is incumbent on Nursing Educators to explore the experiences of students and their encounters with culture shock in classrooms and collaborate with students to consider changes that can make an impact on student thriving.		Nicole Stephens and Sarah Townsend consider differences between independent and interdependent values and what those differences may mean for students from diverse backgrounds. <u>https://www.politico.com/agenda/story/2019/01/16/first- generation-low-income-students-drop-out-000873.</u> A student's account, takes a look at Harvard student Laura Veira- Ramirez's short piece on why she left STEM: <u>https://www.thecrimson.com/article/2017/11/17/viera-why-i- left-stem/</u> .

Making Teaching Accessible &	Article: Carroll SM. Inclusion of people with physical disabilities in
Inclusive for Students	nursing education. J Nurs Educ. 2004 May;43(5):207-12. doi:
Institutional policies and pedagogical	10.3928/01484834-20040501-07. PMID: 15152797.
practices help to shape and create an	
accessibility-conscious classroom.	Article: Dupler, A.E., Allen, C.B., Mahaedy, D., Fleming, S., & Allen,
Educators must be cognizant of the	M.J. (2012, March). Leveling the playing field for nursing students
challenges students with disabilities	with disabilities: Implications of the amendments to the Americans
face and may continue to face in	with Disabilities Act. Journal of Nursing Education, 51(3), 140-144.
seeking equal access to the classroom;	
the language of accessibility and	Neal-Boylan, L., & Miller, M. (2020). How inclusive are we,
inclusion; and what kinds of services	really? Teaching and learning in nursing: Official Journal of the
are available to support students	National Organization for Associate Degree Nursing, 15(4), 237–
seeking accommodations. By	240. https://doi.org/10.1016/j.teln.2020.04.006
familiarizing ourselves with these	White Paper on Inclusion of Students with Disabilities in Nursing
tools and histories, we can work to	Educational Programs
combat stereotypes and	Rush University
misconceptions about students with	,
disabilities and instead promote an	The Americans with Disabilities Act: Implications for Nursing
environment where differences are	Education Southern Regional Educational Board
recognized and welcomed.	
	National Organization of Nurses with Disabilities
	NOND's website includes helpful resources and links for nurse
	educators.
	ODEP/NOND Alliance
	The Office of Disability Employment Policy (ODEP) and National
	Organization of Nurses with Disabilities (NOND) recognize the
	value of establishing a collaborative relationship to promote the
	employment of people with disabilities in the healthcare
	industry. The Alliance conducts outreach, education and technical
	assistance activities that promote the recruitment, hiring,
	retention and advancement of individuals with disabilities,
	including veterans with disabilities, in the healthcare sector.

Section: Integration of DEI into Clinical Settings

"Inclusive environments require intentionality and embrace differences, not merely tolerate them. Everyone works to ensure the perspectives and experiences of others are invited, welcomed, acknowledged, and respected in inclusive environments" (AACN, 2017).

Integration of DEI concepts into clinical settings not only serves to prepare future nurses to provide equitable and inclusive care for diverse populations, it is also essential to support learning environments that are inclusive to and equitable for diverse students.

Content/Context	Integrative Learning Strategies	Resources to Support Competencies & Assessment Strategies
 Eliciting discussion about race and racism Discussion in this article surrounds raising consciousness about racism that exists within and is perpetuated by nursing. 		 Hall, J. M., & Fields, B. (2013). Continuing the conversation in nursing on race and racism. <i>Nursing Outlook</i>, 61(3), 164– 173. <u>https://doi- org.wvu.idm.oclc.org/10.1016/j.outlook.201</u> 2.11.006
 The authors call for the integration of critical racial dialog skills that are integrally and longitudinally incorporated into health professions' curriculum. The authors suggest the tasks for educators are to provide safe spaces for the confrontation of aversive racism through self-critique for ongoing individual development and imparting relational skills for dialog that is beyond the task of a clinical interview. 		 Murray-García, J. L., Harrell, S., García, J. A., Gizzi, E., & Simms-Mackey, P. (2014). Dialogue as skill: Training a health professions workforce that can talk about race and racism. <i>American Journal of</i> <i>Orthopsychiatry</i>, 84(5), 590–596. <u>https://doi-</u> org.wvu.idm.oclc.org/10.1037/ort0000026
		• Why skin disease is often misdiagnosed in darker skin tones

TED Talks that might ha utilized to start		https://www.tod.com/tolke/jonne_c_loster
• TED Talks that might be utilized to start		https://www.ted.com/talks/jenna_c_lester
discussion in clinical groups about race		why skin disease is often misdiagnosed
and racism		<u>n darker skin tones</u>
		How to overcome our biases
		https://www.ted.com/talks/verna myers h
		ow to overcome our biases walk boldly
		toward them?referrer=playlist-
		talks to help you understand r
		Color Blind or Color Brave
		https://www.ted.com/talks/mellody_hobso
		n color blind or color brave?referrer=pla
		list-talks to help you understand r
		 How racism makes us sick
		https://www.ted.com/talks/david r william
		s how racism makes us sick?referrer=pla
		list-talks to help you understand r
This activity challenges students to reflect on	Self-Reflective Assessment	https://www.mededportal.org/doi/10.15766/m
unconscious biases that may unconsciously	• An activity for students to reflect on	ep_2374-8265.10840
affect the care of a patient and contribute to	ethnoracial diversity in a small group or	Appendices include a diversity orientation
health disparity.	large group setting prior to entering the	powerpoint, a diversity activity, and a guided
	clinical setting.	reflection.
	Not nursing focused but could apply to any	
Culturally responsive teaching to promote	healthcare major.	
Culturally responsive teaching to promote		
inclusive learning environments		
Authors discuss foundation for suburnity		 Day, L., & Beard, K. V. (2019). Meaningful
Authors discuss foundation for culturally responsive teaching:		inclusion of diverse voices: The case for
responsive teaching:		

 Culturally mediated instruction: creation of opportunities that link lived experiences with scientific understanding of disease and treatment. Teacher as facilitator: challenge the dominant view and accept others' ideas Empowering environment: can broaden perspectives and affirm value of diversity; all voices are recognized 	culturally responsive teaching in nursing education. Journal of Professional Nursing : Official Journal of the American Association of Colleges of Nursing, 35(4), 277–281. <u>https://doi-</u> org.wvu.idm.oclc.org/10.1016/j.profnurs.20 19.01.002
• The authors describe the need for faculty training and development to enhance faculty ability to promote an inclusive learning environment. The first strategy provided to promote an inclusive learning environment is faculty self-awareness; a list of questions to promote faculty self-reflection is supplied. Other strategies offered include establishing a class climate and sense of community, managing and diffusing conflict, and designing course elements with accessibility in mind.	 Frazer, C., Reilly, C. A., & Squellati, R. E. (2021). Instructional strategies: Teaching nursing in today's diverse and inclusive landscape. <i>Teaching & Learning in Nursing</i>, 16(3), 276–280. <u>https://doi- org.wvu.idm.oclc.org/10.1016/j.teln.2021.01</u> .005
• Evaluation of several inclusive teaching strategies (described in article) and the impact on belongingness, satisfaction and self-confidence in learning, and clinical self- efficacy. Inclusive clinical instructor/leaders role model, set the tone of the class (accountability), and intervene when breaches of inclusivity occur.	 Metzger, M., & Taggart, J. (2020). A longitudinal mixed methods study describing 4th year baccalaureate nursing students' perceptions of inclusive pedagogical strategies. <i>Journal of Professional</i> <i>Nursing</i>, <i>36</i>(4), 229–235. <u>https://doi- org.wvu.idm.oclc.org/10.1016/j.profnurs.20</u> <u>19.12.006</u>

Innovative learning activities that integrate DEI concepts

- Innovative teaching strategy to increase the practice of culturally responsive care. Used in a large group but overall concept could be applied to smaller clinical groups. Evaluation of the strategy revealed students' feelings of belongingness, enriched classroom discussion, and students' increased attentiveness to providing culturally responsive care to patients.
- The authors describe the integration of DEI • concepts into a simulation program. The integration was based on a needs assessment informed by students and faculty. Fundamental to the program was the adoption of a cultural humility framework and the inclusion of DEI training to ground faculty and instructors. In addition, the continued work of integrating DEI concepts is supported through ongoing DEI training for faculty and the identification of DEI mentors as a faculty resource. Other strategies described to build the program included partnerships with persons with DEI expertise, and organizational (diversity committee) and individual accountability (codes of conduct).

- Woodley, L. (2020). Stone Soup: A Metaphor to Create an Inclusive Learning Environment Within Nursing Education. *Journal of Nursing Education*, *59*(11), 651–654. <u>https://doiorg.wvu.idm.oclc.org/10.3928/01484834-20201020-10
 </u>
- Buchanan, D. T., & O'Connor, M. R. (2020). Integrating Diversity, Equity, and Inclusion into a Simulation Program. *Clinical Simulation in Nursing*, 49, 58–65. <u>https://doi.org/10.1016/j.ecns.2020.05.007</u>

Cultural competence and cultural humility modules for professional development	Self-Reflective Assessment	 <u>https://ready.web.unc.edu/section-1-foundations/module-8/</u> Module incorporates review of content, including mini videos, journaling, and a self-evaluation checklist. Wisconsin Center for Public Health Education and Training <u>https://wicphet.org/sites/default/files/courses/cultural-awareness/intro/story_html5.html</u>
 Identifying the impact of microaggressions on student learning and mechanisms for disrupting microaggressions Empiric evidence about the impact of microaggressions on student learning. Offers student suggestions for promoting inclusion: increasing diversity of student cohort, revising curriculum with greater emphasis on social determinants of health as precursor to health issues, increasing classroom discourse of race, ethnicity, and racism, and the creation of safe spaces where student can connect with those of similar backgrounds. 		 Ackerman-Barger, K., Boatright, D., Gonzalez-Colaso, R., Orozco, R., & Latimore, D. (2020). Seeking Inclusion Excellence: Understanding Racial Microaggressions as Experienced by Underrepresented Medical and Nursing Students. Academic Medicine: Journal of the Association of American Medical Colleges, 95(5), 758–763. <u>https://doi- org.wvu.idm.oclc.org/10.1097/ACM.000000</u> 0000003077
• Qualitative study framed by CRT to explore educational experience of student with diverse cultural backgrounds. The themes highlight the impact of implicit, explicit, and		 Ackerman-Barger, K., & Hummel, F. (2015). Critical race Theory as a lens for Exploring inclusion and Equity in Nursing Education. <i>Journal of Theory Construction &</i> <i>Testing</i>, 19(2), 39–46.

structural racism on participants' nursing education. "Bridging faculty" are described as faculty who are "...committed to preserving the cultural or ethnic identity of students and providing a safe learning environment that honors differences" (p. 45). The authors also describe the difficulty of "dismantling" inequities in nursing education secondary to the requirement of a necessary transformation that may be difficult.

- Qualitative study of pharmacy students' experiences of microaggressions and the consequences. Several recommendations from students to faculty related to promoting inclusivity, including: uncovering and mitigating bias, building knowledge to contextualize inequities, specific actions for educators, and supporting students with marginalized identities.
- Authors define targets, allies, and bystanders. Descriptions of micro interventions (goals and tactics) for combatting microaggressions:
 - Make the invisible visible
 - $\circ \quad \text{Disarm the aggression} \quad$
 - o Educate the offender
 - Seek external reinforcement and support

These strategies could be used by clinical instructors, and students, to address

- Avant, N. D., Penm, J., Hincapie, A. L., Huynh, V. W., & Gillespie, G. L. (2020). "Not to exclude you, but...": Characterization of pharmacy student microaggressions and recommendations for academic pharmacy. *Currents in Pharmacy Teaching & Learning*, *12*(10), 1171–1179. <u>https://doiorg.wvu.idm.oclc.org/10.1016/j.cptl.2020.05</u> .007
- Sue, D. W., Alsaidi, S., Awad, M. N., Glaeser, E., Calle, C. Z., & Mendez, N. (2019). Disarming racial microaggressions: Microintervention strategies for targets, White allies, and bystanders. *American Psychologist*, 74(1), 128–142. <u>https://doiorg.wvu.idm.oclc.org/10.1037/amp0000296</u>

microagressions encountered in the clinical setting or classroom.	
Promoting inclusivity within the clinical setting	
 Article challenging the normative standard and the long held, narrow perspective of "essential job function" as it relates to excluding persons with disabilities. Presents case for ensuring that technical standards to do not match "essential job function" because nurses work in a variety of settings. Authors assert that technical standards should only related to academic success (ability to meet the intellectual demands of 	 Neal-Boylan, L., & Miller, M. (2020). How inclusive are we, really? <i>Teaching & Learning</i> <i>in Nursing</i>, <i>15</i>(4), 237–240. <u>https://doi- org.wvu.idm.oclc.org/10.1016/j.teln.2020.0.</u> .006
 the program). Highlights option to perform duties in a variety of ways. Accommodating students with disabilities 	 Horkey, E. (2019). Reasonable Academic Accommodation Implementation in Clinical Nursing Education: A Scoping Review. Nursing Education Perspectives, 40(4), 205–209. <u>https://doi- org.wvu.idm.oclc.org/10.1097/01.NE P.000000000000469</u> Ailey, S. H., & Marks, B. (2020). Technical Standards for Nursing Education Programs in the 21st
 Redefining technical standards 	 Education Programs in the 21st Century. <i>Rehabilitation Nursing</i>, 45(6), 311–320. https://doi- org.wvu.idm.oclc.org/10.1097/rnj.000 000000000297 Chicca, J., & Shellenbarger, T. (2020). Fostering Inclusive Clinical Learning Environments Using a Psychological Safety

 Within this article strategies for clinical nursing instructors to create an inclusive clinical environment for students are provided. The strategies are based on the defining attributes of the concept psychological safety. For each strategy, tasks and accompanying examples of how to implement the tasks are described. Additional considerations for students from underrepresented minority groups are offered. 		Lens. <i>Teaching & Learning in Nursing</i> , 15(4), 226–232. <u>https://doi-</u> org.wvu.idm.oclc.org/10.1016/j.teln.2020.03 .002
Resources for case studies available for use	Does not have specific teaching methodologies but cases address socioeconomic inequities	 Berkeley Center for Social Medicine: <u>Case</u> <u>Studies in Social Medicine</u> <u>Structural Racism</u>-A 60-year-old Black Woman with Breast Cancer <u>Harvard University Case-Based Teaching and</u> <u>Learning Initiative</u> Library that includes a collection of public health teaching cases, links to other case collections, and compilations, and teaching activities, scenarios, and examples <u>Vicodin as a Treatment for Structural</u> <u>Violence 2019</u> Case- woman's stress related pain treated with Vicodin but is due to stress related to socioeconomic status <u>Anchoring Health Beyond Clinical Care</u>: UMass Memorial Health Care's Anchor Mission 2019 – idea to address social inequality in community through education, local hiring, local sourcing, and community investment projects

Section: Implicit Bias

To fully prepare graduates to meet the healthcare needs of the growing diverse U.S. population across all four spheres of care, it is important that they examine, understand, and address their conscious and unconscious biases. This introspective self-evaluation is a continuous developmental process to enhance capacity to fulfill their professional responsibility in advancing efforts to eliminate structural and systemic racism, any form of discrimination, and promote social justice (AACN, 2021).

Types of Biases (AACN, 2021)

Implicit, explicit, and unconscious biases: The tendency to process information based on unconscious associations and feelings, even when these are contrary to one's conscious or declared beliefs (Metzl, et al. 2018, 2020).

Explicit biases: Conscious positive or negative feelings and/or thoughts about groups or identity characteristics. Because these attitudes are explicit in nature, they are espoused openly, through overt and deliberate thoughts and actions (Harrison et al., 2019; Wilson et al., 2000)

Content/Context	Integrative Learning Strategies Exemplars	Resources to Support Competencies & Assessment Strategies
Raising Awareness of Implicit Bias Learn about the Implicit Association Test (IAT) that measures attitudes and beliefs that people may be unwilling or unable to report. The IAT may be especially interesting if it shows that a person has an implicit attitude that they did not know about (Project Implicit, 2011).	Self-Reflective Assessment Journaling Personal Hidden Biases	Harvard Project Implicit (Assessment) https://implicit.harvard.edu/implicit/aboutus.ht ml

The IAT may be taken several times to examine implicit associations about race, gender, sexual orientation, and other topics.		
Types of Biases Differentiate among the different types of biases that may impede optimal delivery of care.	Unfolding Case Studies Story Telling Simulated -Based Experiences Pre-briefing Structured Debriefing	Master Class (2021) <u>How to Identify: 14 Types of Bias</u> <u>Diversity Resource Types of Unconscious Bias</u>
Impact of Implicit Bias & Patient Safety Examine the evidence to support an association between bias and patient health outcomes and health care disparities. Bias may impact provider decision-making in healthcare, and this is an important safety concern. Oftentimes, health care providers are unaware of their biases and "unthinking discrimination" (Joint commission, 2016).	Unfolding Case Studies Simulated -Based Experiences Pre-briefing Structured Debriefing	AHRQ Web M&M Implicit Biases, Interprofessional Communication, and Power Dynamics <u>https://psnet.ahrq.gov/sites/default/files/2020-04/final_april-spotlight-</u> <u>implicit_biases_04.02.2020.pdf</u> The Joint Commission Division of Health Care Improvement. 2016/ "Implicit Bias in Health Care." <i>Quick Safety</i> . https://www.jointcommission.org/ assets/1/23/Quick_Safety_Issue_23_Apr_2016. pdf AHRQ Cosmopolitan Magazine Article Doctors turned my sister away; less than two years later she died of cervical cancer <u>https://psnet.ahrq.gov/issue/doctors-turned- my-sister-away-less-two-years-later-she-died- cervical-cancer</u>

AHRQ Diagnostic Safety Topics
The Contributions of Diagnostic Errors to
Maternal Morbidity and Mortality During and
Immediately After Childbirth: State of the Science
https://www.ahrq.gov/patient-
safety/reports/issue-briefs/maternal-mortality-
3.html
AHRQ Commentary
What COVID-19 Teaches Us About Implicit Bias
in Pediatric Health Care
https://psnet.ahrq.gov/issue/what-covid-19-
teaches-us-about-implicit-bias-pediatric-health-
<u>care</u>
Article Addressing Medicine's Bias against
patients who are overweight – Accessed AHRQ
https://psnet.ahrq.gov/issue/addressing-
medicines-bias-against-patients-who-are-
overweight
Article How implicit bias harms patient care –
Accessed AHRQ
https://psnet.ahrq.gov/issue/how-implicit-bias-
harm-patient-care
Article: Your diagnosis was wrong. Could doctor
bias have been a factor?
https://psnet.ahrq.gov/issue/your-diagnosis-
was-wrong-could-doctor-bias-have-been-factor

Implicit Bias and Populations Discover how biased attitudes and behaviors may prejudice in favor of or against individuals or groups. Biases may not only impact learning situations but also recruiting and retaining a diverse workforce (NIH, 2017).	Unfolding Case Studies Story Telling Simulated -Based Experiences Pre-briefing Structured Debriefing	Article: Comparison of methods to reduce bias from clinical prediction models of postpartum depression. https://psnet.ahrq.gov/issue/comparison- methods-reduce-bias-clinical-prediction-models- postpartum-depressionMagazine Article/Video: COVID-19, racial discrimination in health care festers https://psnet.ahrq.gov/issue/medical-bias-pain- pills-covid-19-racial-discrimination-health-care- festersVideo - QSEN Friday Night at the ER -System Thinking through Gaming to examine Implicit Biases https://qsen.org/2021-lunch-session-group-c/NONPF Patient-Centered Transgender Health
---	--	--

		<u>NIH Sociocultural Factors -Implicit Bias</u> <u>RWJF- How-do-we-advance-health-equity-for-asian-americans.html</u>
Health Equity, Racism, and Unconscious Bias Critical to educating nurses is the understanding of the intersectionality of bias, structural racism, social determinants, and health inequities (AACN, 2021).	Self-Reflective writing Unfolding Case Studies Story Telling Simulated -Based Experiences Pre-briefing Structured Debriefing	Institute for Healthcare Improvement IHI What is Health Equity and Why Does it Matter? IHI: Does Racism Play a Role in Health Inequities?
		IHI: What is Bias, and What Can Medical Professionals Do to Address It? IHI How Does Implicit Bias Affect Health Care
		IHI How Can Providers Reduce Unconscious Bias? Robert Wood Johnson Foundation 2017 - Discrimination-pervades-daily-lifeaffects- health-across-groups.html
Understanding Bias & Strategies to Reduce Biases	Self-Reflective writing Unfolding Case Studies Simulated -Based Experiences	U.S. Department of Justice Community Relations Services: Understanding Bias: A Resource Guide
Learn how biases can be reduced with awareness and bias reduction strategies. An integrated approach inclusive of accountability, habit-breaking interventions, and intentional	Pre-briefing Group Discussion Structured Debriefing	https://www.justice.gov/crs/file/836431/downl oad PBS Video – Accessed QSEN

education programs have shown to be effective (NIH, 2017)		Implicit Bias: Make Friends to Tackle Bias <u>https://www.pbs.org/video/pov-implicit-bias-</u> <u>make-friends-tackle-</u> <u>bias/?continuousplayautoplay=true</u>
		PBS Video – Accessed QSEN Implicit Bias: Check Our Bias to Wreck Our Bias <u>https://www.pbs.org/video/pov-implicit-bias-</u> <u>check-our-bias-wreck-our-</u> <u>bias/?continuousplayautoplay=true</u> Article Accessed via QSEN Avoiding unintended Bias <u>https://qsen.org/healthcare-equity/</u>
		NIH Sociocultural Factors -Implicit Bias
Microaggressions Examine the intentional or unintentional	Self-Reflective writing Unfolding Case Studies Simulated -Based Experiences	Derald Wing Sue: Microaggression more than just race Harvard Business Review: You have been called
expressions of microaggression upon marginalized groups that goes beyond race and must be understood when working with diverse	Pre-briefing Group Discussion Structured Debriefing	out for a microaggression - What do you do?
groups. The three forms of microaggression includes microinsults, microassaults, and microinvalidation (NIH, 2017).		<u>Wiley - Derald Wing Sue: What are</u> <u>Microaggressions - Video</u> <u>NIH Sociocultural Factors -Microaggression</u>
		UCLA Diversity in the Classroom Faculty Development - Accessed through NIH Website
		NIH Deconstructing Bias - Microaggression
		Articles: Ackerman-Barger

Ackerman-Barger K, Jacobs NN, Orozco R, London M Addressing Microaggressions in Academic Health: A Workshop for Inclusive Excellence. MedEdPORTAL. 2021 Feb 11;17:11103. doi: 10.15766/mep_2374- 8265.11103. PMID: 33598543; PMCID: PMC7880252
Ackerman-Barger K, Boatright D, Gonzalez-Colaso R, Orozco R, Latimore D. Seeking inclusion excellence: understanding racial microaggressions as experienced by underrepresented medical and nursing students. Acad Med. 2020;95(5):758–763. 10.1097/ACM.0000000000003077 - <u>DOI</u> - <u>PMC</u> - <u>PubMed</u>
Ackerman-Barger K, Jacobs NN. The Microaggression Triangle Model: a humanistic approach to navigating microaggressions in health professions schools. Acad Med. 2020;95(12) (suppl): S28–S32. 10.1097/ACM.00000000003692 - <u>DOI</u> - <u>PubMed</u>

References:

- 1. American Association of Colleges of Nursing. (2021). *The Essentials: Core Competencies for Professional Nursing Education*. <u>https://www.aacnnursing.org/Portals/42/AcademicNursing/pdf/Essentials-2021.pdf</u>
- 2. Gopal, D. P., Chetty, U., O'Donnell, P., Gajria, C., & Blackadder-Weinstein, J. (2021). Implicit bias in healthcare: clinical practice, research and decision making. *Future healthcare journal*, *8*(1), 40–48. <u>https://doi.org/10.7861/fhj.2020-0233</u>
- 3. Greenwald AG, Banaji MR. (1995). Implicit social cognition: attitudes, self-esteem, and stereotypes. Psychol Rev, 102:4–27
- 4. National Institute of Health. (2017). The science of diversity and the impact of implicit bias. <u>https://diversity.nih.gov/sites/coswd/files/images/2017-12/implicit_bias_talk_for_toolkit_pdf_508c_0.pdf</u> {Accessed 27 September 2021]
- 5. Project Implicit. (2011). <u>https://implicit.harvard.edu/implicit/selectatest.html</u> [Accessed 23 September 2021].

6. The Joint Commission Division of Health Care Improvement. (2016). Implicit bias in health care: Quick safety. https://www.jointcommission.org/ assets/1/23/Quick_Safety_Issue_23_Apr_2016. pdf

Authors:

Margo Brooks Carthon, PhD, RN, FAAN, Associate Professor, University of Pennsylvania

Brigit Maria Carter, PhD, MSN, Associate Dean for Diversity and Inclusion, Associate Professor, Duke University

Billie Vance, PhD, MSN, Clinical Associate Professor, West Virginia University

Lisa Muirhead, DNP, APRN-BC, ANP, FAANP, FAAN, Associate Professor, Emory University